

Harmony

Wherever I go meeting the public…spreading the message of human values, spreading a message of harmony, is the most important thing.

--Dalai Lama



Change

If you don’t like something change it. If you can’t change it, change your attitude.

--Maya Angelou



Hope

Every heartbeat that has beat strongly and cheerfully has left a hopeful impulse behind it in the world, and bettered the tradition of mankind.

--Robert Louis Stevenson